

100 disposable breast pads

Mothercare recommends:

100 pads a week
from Week 1

80 pads a week
from Week 4

warnings

Do not flush

If irritation develops,
discontinue use

During late pregnancy and after your baby is born, it is common for your breasts to leak excess milk. Simply place one of these specially shaped soft pads inside the cup of your bra to absorb the excess milk. By keeping your nipples dry, you will help to prevent soreness, so remember to change your pads regularly.

